



Brochure

**GHG HARPARKASH COLLEGE OF
EDUCATION FOR WOMEN
Sidhwan Khurd (Ludhiana)
NAAC Re-Accredited 'A' Grade College**



IQAC

in collaboration in

DEPARTMENT OF YOUTH WELFARE,

PANJAB UNIVERSITY,

CHANDIGARH

Organizes

ONE WEEK WORKSHOP

on

**“CAPACITY BUILDING AND SKILL
ENHANCEMENT”**

from

January 19th -27th, 2021

Patron

**Dr. Amandeep Kaur
Principal**

Patron

**Dr. Nirmal Jaura
Director, Youth Welfare
Panjab University, Chd**

Organizing Secretaries

**Dr. Sarvjeet Kaur Brar
Dr. Jagminder Kaur**

2

A
Report on
One Week Workshop on
“Capacity Building and Skill Enhancement”
Organized by
IQAC
Of
GHG Harparkash College of Education for Women,
Sidhwan Khurd, Ludhiana
In
Collaboration with
Department of Youth Welfare,
Panjab University, Chandigarh

Submitted by

Workshop Organizers:
Dr. Sarvjeet Kaur
Dr. Jagminder Kaur

“Capacity Building and Skill Enhancement” and the duration of the workshop was a week. It was from 19th – 27th Jan, 2021.

Day 1

It began with Inaugural session which was addressed by our Madam Principal Dr. Amandeep Kaur. It was then followed by the session that was based on OER i.e. Open Educational Resources.

It was well conducted and well-presented by worthy resource person of that day Dr. Ajay Kumar.

Students were made aware about different open educational resources available and these can use in Teaching Profession.’

Day 2:-

The day was scheduled for sessional work and the sessional work was 'Preparing a speech on any current issue' which thereby helped in enhancing the communication skills of prospective Teachers.

Day 3:-

The day began with session that was based on topic "Listening Skills" and well-delivered to us by worthy Resource person of that day Madam Dr. Jagminder Kaur. She started with the core concepts associated with this topic. She then highlighted the main difference between listening and hearing, which was then followed by the topic "How one can become an empathetic listener", which is important for not just a teacher, for not just a student but for everyone living on this planet and Its most important for he Youth today.

Because with the fast growing world, increasing Technological usage in which everything happens in seconds, has made us so important and intolerant that let say if for an instance, we are searching something on google and it is taking time to load then our actions are like we keep on refreshing that page again and again in the hope that in this way it will appear at faster rate. So, see, this is where our patience level stands. No doubt, everything today has become easy but at the same time has made us so impatient intolerant that is ultimately impacting our personality and ending our skills to listen someone patiently empathetically.

So, this is where we realize the importance of these types of sessions and after listening to Madam and learning about what constitutes a Good listener/ Empathetic listener, we are indeed working and trying our best to become an empathetic listener.

~~4th of the Workshop~~ Day 4: —

The topic for Day 4th session was 'Writing an effective resume' and the resource person for the same was Dr. Jaspreet Kaur.

She taught us about 'how to write an effective resume' & 'how can you well present yourself through your resume'. It was indeed helpful because it enabled the students to prepare our resumes in well-organized way.

If resume used it in an effective way, chances of getting job becomes higher than those who haven't.

Day 5th

The scheduled session for the day 5th was based on topic 'Self Management Skills'. The resource person for the same was Dr. Sarvjeet Kaur. The session began with kinds of Managements one has to do for leading a happy and successful life. It was then followed by concept of self Management and what are self Management skills, what one can do to acquire those skills and to effectively manage oneself. Students were made aware about Panchkosh theory of self Management and many more other things related to self.

Understanding the self and Measures to heal self are the most important topics that fall under every individual's domain and addressing them is becoming need of the hour in today's era of Increasing mental problems.

Dr. Sarvjeet Kaur enlightened the students on this much needed topic and giving such an enriching experience on that day.

Day 6th

The most important aid that a teacher has in a traditional classroom is board effectively writing on the same is a skill that defines a good teacher.

Considering the same, the session was scheduled on the topic "BB Writing Skills" i.e. Board Writing Skills. The resource person of this session was Madam Mrs. Harjeet Kaur. Students were made aware about different Technologies to use this visual aid.

For Example: What angle should Teacher stand at while writing on board, Teacher's sophistication in holding board accessories like chalk and duster and many more other things. It was then followed by practical session which gave students Hands on experience in the same.

Day 7th i.e. the Valedictory Session

Dr. Nirmal Jaura, Director Youth Welfare, Panjab University, Chandigarh graced the Session.


The first Session on "Reading Skills & Co-curricular Activities for Youth Personality Development" was conducted by Dr. Nirmal Jaura the emphasized on developing reading habits and participation in cultural activities as key to personality development.

Valedictory Session

Chief-Guest of valedictory session was Dr. Nirmal Jaura, Director, Youth Welfare Panjab University, Chandigarh. He given valedictory address and appreciated Principal Dr. Amandeep Kaur's efforts for efforts for prospective teachers. Dr. Jaura appreciated that GHG Harparkash College is continuously working towards Quality Enhancement.

After this, certificates to students, teachers and Resource Persons were given.

Workshop Organizers:

Dr. Sarvjeet Kaur 

Dr. Jagminder Kaur


28/11/21
Principal
G. H. G. Harparkash College
of Education for Women
SIDHWAN KHURD (Ld.)