

**G.H.G. HARPARKASH COLLEGE OF EDUCATION FOR WOMEN,  
SIDHWAN KHURD, LUDHIANA, PUNJAB (INDIA)**

**NSS REPORT**  
**Session-(2020-21)**

**27th October, 2020 - 2nd November, 2020 (Vigilance Awareness Week)**

NSS Unit of GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana, in collaboration with the college Fine Arts society, observed 'Vigilance Awareness Week'. The college organized online Inter College Cartooning, Slogan Writing and PowerPoint Presentation competitions on the theme 'Satark Bharat, Samridh Bharat' (Vigilant India, Prosperous India). Certificates were awarded to the winners of the competitions.

**18th January, 2021(National Road Safety Day)**

G.H.G. Harparkash College of Education for Women, Sidhwan Khurd observed National Road Safety Day. During the event, Dr. Jagminder Kaur, Assistant Professor and Programme Officer, NSS, highlighted through online mode, the road safety rules and traffic signs that students must be aware of. In another event, Dr. Jaspreet Kaur, Asst. Prof. and Programme Officer NSS, through an online lecture, gave tips for driving safely on roads.

**11th to 14th April, 2021(Vaccination Drive)**

NSS Unit of G.H.G. Harparkash College of Education for Women, Sidhwan Khurd participated in the vaccination drive. The volunteers made people aware about vaccination and motivated them to get vaccinated by sharing posters with people to protect them from COVID-19. All the volunteers followed complete safety protocol by wearing masks and prompting others to wear masks regularly for protection from the pandemic. Principal Dr. Amandeep Kaur appreciated these efforts of NSS Unit and asserted that one should follow rules to prevent infection from Covid-19.

**5th June, 2021 (World Environment Day)**

GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana observed World Environment Day where all NSS volunteers planted saplings in their localities to restore the ecosystem.

**21st June, 2021 (International Yoga Day)**

National Service Scheme (NSS) Unit of GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana, in association with Bhartiya Yog Sansthan, Ludhiana, celebrated International Yoga Day and organized an offline Yoga session in which all the staff members (Teaching & Non-Teaching) participated. The resource person for the day was S. Manmohan Singh, Yoga Practitioner from Bhartiya Yog Sansthan, Ludhiana. He enlightened about Yoga Asanas and Pranayama. Sri. Pawan Sethi, Yoga Practitioner demonstrated Yoga Asanas and Pranayama.

NSS unit of the college also conducted an online 'Workshop cum Yoga Session'. The college students, in general, and NSS volunteers, in particular, participated in the programme. The resource person for the workshop was Mrs. Gurpreet Kaur, Assistant Professor, Deptt. of Physical Education from the host college. NSS volunteer Ms Manali Dubey conducted an Online Yoga Session and demonstrated various Yoga Asans.

**30th July, 2021 (Webinar- "Facts and Myths about COVID-19 Vaccination")**

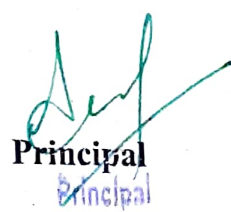
National Service Scheme (NSS) Unit of GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana Organized One-day Webinar on the theme "Facts and Myths about COVID-19 Vaccination". The Resource Person for the webinar was Dr. Pardeep Mohindra (Senior Medical Officer) Incharge, Civil Hospital, Jagraon, Ludhiana. E-Certificates were given to participants who attended the webinar.



**Programme Officers**

Dr. Jagminder Kaur (Assistant Professor)

Dr. Jaspreet Kaur (Assistant Professor)



**Principal**

G.H.G. Harparkash College of Edu, for Women  
Sidhwan Khurd (Ldh.)