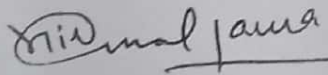


# LAUGHTER POEM RECITATION COMPETITION REPORT

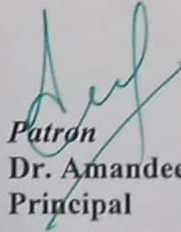
IQAC Cell GHG Harparkash College of Education for Women, Sidhwan Khurd (Ludhiana) organized Inter-College Laughter Poem Recitation Competition in collaboration with Youth Welfare Department, Panjab University, Chandigarh on 15<sup>th</sup> May, 2021. 25 students from all over Punjab and Chandigarh participated in this competition.

Result are as under :-

Name	College Name	Position
Pratiksha	Govt. College of Education, Sector 29-D, Chandigarh	1 <sup>st</sup>
Shivani	Govt. College for Girls, Ludhiana	2 <sup>nd</sup>
Sudha	Ramgarhia Girls College, Ludhiana	3 <sup>rd</sup>



*Director*  
Dr. Nirmal Jaura  
Youth Welfare Deptt.  
Panjab University  
Chandigarh



*Patron*  
Dr. Amandeep Kaur  
Principal

*Organizing Secretaries*  
Dr. Seema Chopra, Assoc. Prof.  
Dr. Shally, Asstt. Prof.  
Mrs. Manpreet Kaur, Asstt. Prof.



**GHG HARPARKASH COLLEGE OF  
EDUCATION FOR WOMEN**  
Sidhwan Khurd, Ludhiana (Punjab)

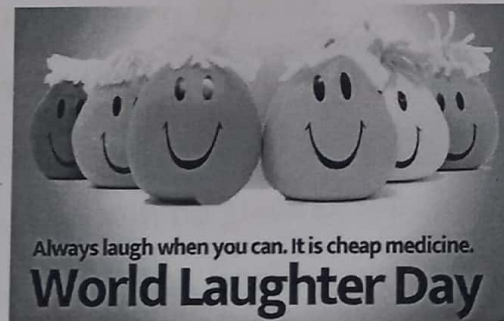


**Internal Quality Assurance Cell (IQAC)**  
In collaboration with  
**YOUTH WELFARE DEPARTMENT**  
Panjab University, Chandigarh

*Organizes*

**Inter-College Laughter Poem Recitation Competition**  
to celebrate

**World Laughter Day**



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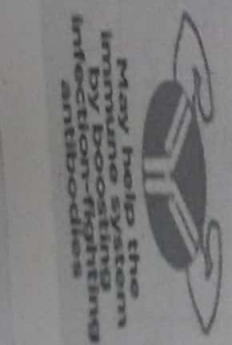
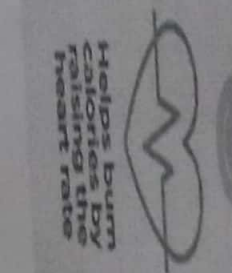
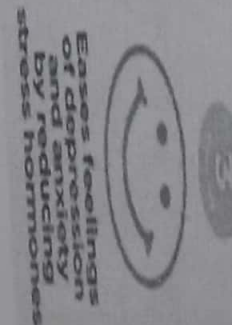
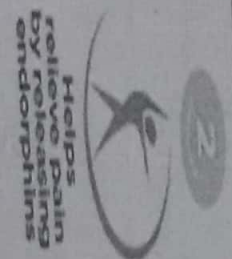
**Dr. Seema Chopra, Assoc. Prof.**  
**Dr. Shally, Asstt. Prof.**  
**Mrs. Manpreet Kaur, Asstt. Prof.**

## RULES OF THE COMPETITION

1. Only one participant from each college is allowed to participate.
2. Students can recite the poem in the Hindi, English and Punjabi.
3. Only humorous witty, funny, comic or laughter poem should be selected for recitation.
4. The timing for recitation should be 2-3 minutes.
5. Weightage will be given for proper voice modulation, gestures and pitch and tone while reciting the poem
6. Singing of the poem is not allowed.
7. Send the video recording of your poem by 15<sup>th</sup> May 2021 at email: [ghghlaughterpoem@gmail.com](mailto:ghghlaughterpoem@gmail.com)
8. No obscene or vulgar language is allowed.
9. Host college students will not compete for the position.
10. Certificates to winners of First, Second and Third position will be given.
11. Certificate of participation will be given to all.
12. The decision of the judges will be final.

## KNOW WHY LAUGHING IS GOOD FOR YOU?

### Five health benefits of laughter





Timestamp	Name (as on certificate)	Father's Name/Mother's Name	Name of the Institution	Class	E-Mail	Phone no
5/7/2021 10:44:54	Nikhil Nayyar	Sandeep Nayyar	Arya College Ludhiana	BA 2 year	nayyanikhil778@gmail.com	9779710067
5/7/2021 10:57:57	Ramandeep kaur	Bakur singh /Dewinder kaur	Mata sahib kaur girls college, Takwandi thal	B.com 2nd year	RamRamand2001@gmail.com	7719669150
5/7/2021 11:19:41	Komal Soni	Sandeep soni/Sabita soni	Rajal Bahra college of education hoshiarpur	B. ed First semester	komalchadha150@gmail.com	7696306861
5/7/2021 11:20:35	HAPPY SINGH	S. SURENDER SINGH	COLL. SIRSA	MAJMC	sethv125051@gmail.com	9354313713
5/7/2021 11:28:30	Neha	Sanjeew kumar	Sd college	B.com 1 year	Neha2011851@gmail.com	6283952727
5/7/2021 12:04:13	Tavir kaur	Avtar Singh	M.B.B.G.G.Girls collage Ratawal	B.A. final	idhilon864@gmail.com	7009762216
5/7/2021 18:40:05	Manni	Bhender Singh	Sd college	Boom 1 year	manvijay2011849@gmail.com	9988194735
5/7/2021 18:43:47	Neha	Sanjeew kumar	Sd college	B.com 1 year	Neha2011851@gmail.com	6283952728
5/7/2021 18:51:07	Manni	Bhender Singh	Sd college	Boom 1 year	manvijay2011849@gmail.com	9988194735
5/8/2021 6:12:17	Nitika Sharma	Subhash Sharma	Dasmesh girls college Mukerian	MA political science first year (Sem-2)	nikkashamas767@gmail.com	6239518959
5/8/2021 15:00:16	Niya Sharma	Subhash Chander Gaur	Guru Gobind Singh Khalsa college of education for women Kanabhora	B.Ed 2 year	niyasharma.sms@gmail.com	7657871988
5/8/2021 15:02:54	Niya Sharma	Subhash Chander Gaur	Guru Gobind Singh Khalsa college of education for women Kanabhora	B.Ed 2 year	niyasharma.sms@gmail.com	7657871988
5/8/2021 16:30:58	PRATEEKSHA	Mr. Murali Singh	GCE,BED ,College Sec 20D ,Chandigarh	BED 1 year 1 semester(2020-22)	gcebeda1.prateeksha@gmail.com	9876928369
5/8/2021 19:30:43	Mehtar Jain	Amil Jain	Maiwa central college of education for women	BEd	Mehtarjeega@gmail.com	9876729988
5/8/2021 19:36:20	Samiksha Anora	Kamal Anora / Rashli Anora	Maiwa Central College of Education	M.Ed (Sem-2)	samkishaanora96@gmail.com	9872968491
5/11/2021 15:42:49	Ramandeep kaur	Hindpal Singh	Maiwa Central College of Education For Women	B. Ed-2nd Year	raman061018@gmail.com	9877316740
5/13/2021 14:35:51	deepmela	bl yadav	Womans bom college of education	b.Ed	deeeepas492@gmail.com	6280510467
5/14/2021 11:34:27	Husandeep Singh	Lakhwinder Singh(father)/Asha Rani(mother)	Guru Nanak college, Killianwalli, District Sri Muktsar,Sahb	B. A 2nd year	husandeepsingh141@gmail.com	7087711571
5/14/2021 15:29:41	Shivani	Mr. Dinesh Kumar Tiwari	Government College for Girls, Ludhiana	B. Sc. 3rd year Medical	santoshinaa041@gmail.com	98729683094
5/14/2021 15:56:24	Manjot kaur	Gurmeet Singh/Kamsideep kaur	Khalsa college for women	BSC non medical	Manjot.kow.sk@gmail.com	8437607165
5/14/2021 19:00:07	KAVITA AIRY	MANJIT AIRY	DAN COLLEGE OF EDUCATION FOR WOMEN NAWANSHAHAR	Bed Sem 4	kavita4parveer@gmail.com	9876664497
5/15/2021 12:27:04	Narsh Kumar	Darshan Lal / Soma Rani	Guru Nanak College Killianwalli Shri Muktsar Sahb	B.A. Final Year	kumarnarsh343830@gmail.com	7876343830
5/15/2021 18:23:51	Varun Kumar	Vikas Kumar	A. S. College, Khanna	B. Sc. Semester- IV	bhatthimr0046@gmail.com	8146020446
5/15/2021 23:28:23	Rajveer Kaur	Gurdeep Singh	Bajaji College, Chaukimmam, Ludhiana	BCA 2 nd year 4 semester	grewain6@gmail.com	9501912036





Internal Quality Assurance Cell (IQAC)  
**GHG HARPARKASH COLLEGE OF  
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In collaboration with

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*Organized*

**Inter-College Laughter Poem Recitation Competition**

On 15<sup>th</sup> May 2021

**RESULT**

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