

# GHG HARPARKASH COLLEGE OF EDUCATION FOR WOMEN,

## SIDHWAN KHURD, LUDHIANA

### **Annual Report of NSS Activities 2023-24**

#### **Teej Festival – Teeaan Da Mela (4<sup>th</sup> August, 2023)**

Cultural Event Committee and NSS Unit of the College celebrated “Teej Festival” in the college campus on 04 August, 2023. On this occasion various competitions such as ‘Teean di Rani’, ‘Raonak Mele di’ and ‘Sunakkhi Mutiar’ were organised for the students. Dr Manjeet Kaur, Dr Sarvjeet Kaur and Dr Shally were acted as Judges for these competitions. All the B.Ed and M.Ed, students participated in these competitions. The total numbers of participants were 41. The results were announced by Dr Amandeep Kaur, Principal and congratulated the winners and all the students who have participated in this event. She also encourages the students to participate in these kinds of cultural events.



#### **International Youth Day (12<sup>th</sup> August, 2023)**

Cultural Event Committee and NSS volunteers of the college celebrated Youth Day on 12<sup>th</sup> September, 2023 on the theme ‘Green Skills for Youth: Towards a Sustainable Future’. Every

year International Youth Day is celebrated to raise awareness of the need to ensure the engagement and participation of youth, which is essential to achieve sustainable human development. Dr. Jagminder Kaur expressed her views on the importance of knowledge, values and attitudes needed to develop and support a sustainable, resource efficient society. Students also presented their views in poems and speech related to the theme. NSS Programme officer Dr. Geeta Kundi highlighted the role of NSS in developing green skills among the youth of the country. Total number of participated students was 41.

### **Independence Day (15<sup>th</sup> August, 2023)**

On 15<sup>th</sup> August, 2023 GHG Harparkash College of Education for Women Sidhwan Khurd, Ludhiana celebrated Independence Day. The programme was organized by Cultural Event Committee and NSS Unit of the College. The programme started with National Anthem sung by students and faculty members. Dr Ajay Kumar, Assistant Professor, made the students aware about the flag code of India. Principal Dr. Amandeep Kaur highlighted the significance of celebrating this day. Dr Gurwinder Singh, Assistant Professor, threw light on the history of Independence struggle. A total of 41 students were present there. On this occasion various activities were performed by the students such as Patriotic songs and Poems.

### **Tree Plantation Drive (19<sup>th</sup> August, 2023)**

A tree plantation drive was conducted by the Eco- Club and NSS Unit of the college in the village Sidhwan Khurd, distt. Ludhiana on 19.08.23. The aim of the drive was to raise awareness among students about the importance of trees for the environment and to encourage them to participate in activities that help protect the planet. The saplings were of various species, including Neem, Banyan, and Peepal, which are known for their high oxygen production and environmental benefits. A total of 40 saplings were planted by the students of the college. A total of 48 students participated in the event.



### **Teacher's day (5<sup>th</sup> September, 2023)**

On birth anniversary of Dr. S Radhakrishnan, a great teacher, Teachers' day is celebrated to express the sense of respect for teachers for appreciation, encouragement and support for their devotion to their students. Cultural Event Committee and NSS volunteers of the college celebrated teacher's day on 5th September, 2023. Students expressed their gratitude for the immense contribution put forth by their teachers for their development. Principal Dr. Amandeep Kaur encouraged the students to get motivation from the life of Dr. S Radhakrishnan. 55 students were present on this occasion to express their gratitude towards their teachers.

### **Hindi Diwas Celebration (14<sup>th</sup> September 2023)**

Cultural Event Committee and NSS Unit of the college organized Hindi Divas Celebrations on 14th September 2023. Dr. Sarvjeet Kaur, Associate Professor of the College enlightened the students about the scope, development and popularity of Hindi. She also explained the various posts available in Government offices and various other offices. 'Antakshri' from Hindi vocabulary was also organized by her. Principal Dr. Amandeep Kaur highlighted the significance of celebrating this day and said that this day is dedicated to the national language with the sense of respect, appreciation, encouragement and support for their devotion to the National language Hindi. A total of 71 students were present to celebrate this day.



### **Birth Anniversary of Shaheed Bhagat Singh (28<sup>th</sup> September, 2023)**

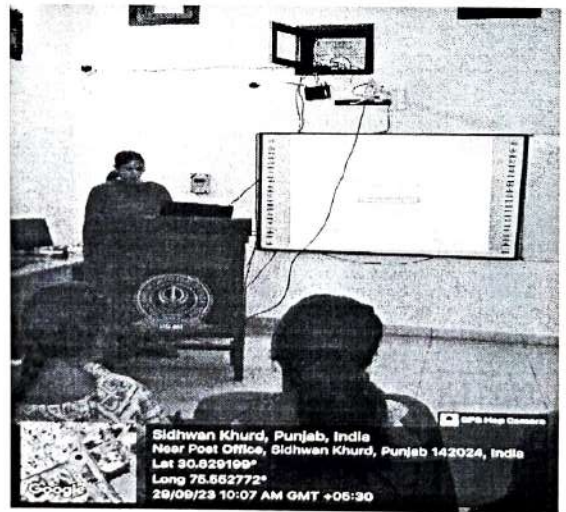
Cultural Event Committee and NSS volunteers celebrated birth anniversary of Shaheed Bhagat Singh on 28<sup>th</sup> September, 2023. 78 students participated in the event organized by the college.

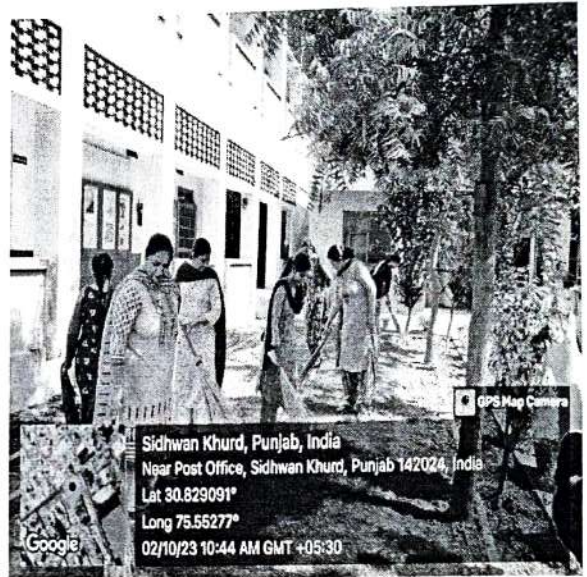
## Swachta Hi Sewa (15<sup>th</sup> September- 2<sup>nd</sup> October, 2023)

Cultural Events Committee and NSS Unit of G.H.G. Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana conducted various activities on the theme 'Swachta hi Sewa' from 15.09.23 to 02.10.23. Following events were organized:

- Lecture on waste management by Dr. Ajay Kumar, NSS Prog. Officer.
- Pledge was taken for maintaining environment clean and green,
- NSS day was celebrated,
- Poster making and Declamation Competitions were organized,
- Swachta Diwas was celebrated in the college.

62 Students participated in all the events with full zeal and enthusiasm. On Swachta Diwas, students cleaned classrooms, staff room, assembly hall, fine-art room, computer lab and lawns etc. The main purpose of this programme was to create awareness among the students regarding Cleanliness and its benefits.





### **Non-Violence Day (1<sup>st</sup> October, 2023)**

Cultural Event Committee and NSS unit of the college celebrated Non-violence Day on 153<sup>rd</sup> Birth Anniversary of Mahatma Gandhi on 1<sup>st</sup> October, 2023. An essay writing competition was organized to mark the occasion. 76 students participated in the competition.

### **Vigilance Awareness Week (30<sup>th</sup> October to 5<sup>th</sup> November, 2023)**

With reference to the instructions issued by Central Vigilance Commission (CVC), New Delhi, Vigilance Awareness Week - 2023 was observed from 30<sup>th</sup> October to 5<sup>th</sup> November, 2023 at GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana on the theme *“Say no to corruption; commit to the Nation”*. In order to create awareness among faculty members and students, various activities were undertaken in the college during this week.

On 31<sup>st</sup> October, 2023, Staff and students took the Integrity Pledge in the college and affirmed to eradicate corruption from the country and to maintain transparency and integrity in public governance.

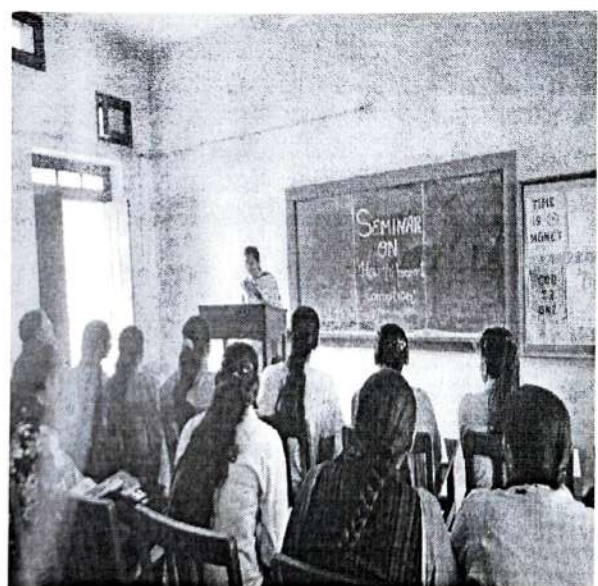
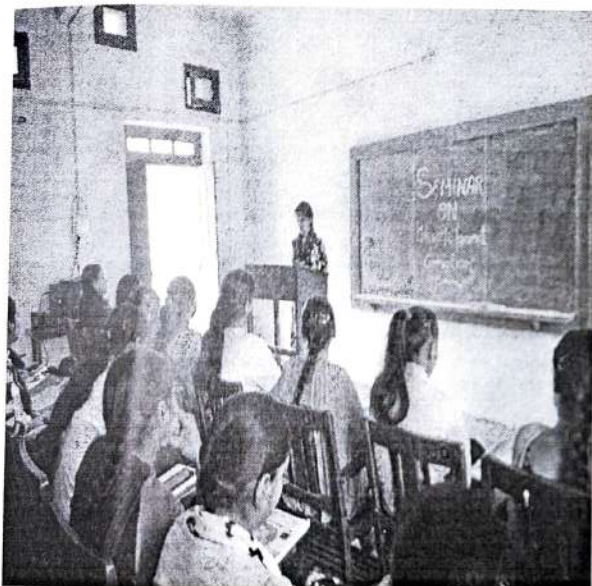
A seminar on the theme “How to Prevent Corruption” was also organized in the college on 4<sup>th</sup> November, 2023. Students of classes B.Ed., M.Ed. and PG Diploma in Guidance and Counselling participated in the seminar and discussed their views on the root cause of corruption and also various ways and means to prevent it. A total of 48 students participated in the event.



Sidhwan Khurd, Punjab, India  
 Near Post Office, Sidhwan Khurd, Punjab 142024, India  
 Lat 30.829191°  
 Long 75.552669°  
 31/10/23 10:00 AM GMT +05:30



Sidhwan Khurd, Punjab, India  
 Near Post Office, Sidhwan Khurd, Punjab 142024, India  
 Lat 30.8292°  
 Long 75.552672°  
 31/10/23 09:59 AM GMT +05:30



### National Unity Day (31<sup>st</sup> October, 2023)

‘Rashtriya Ekta Divas’ was celebrated on 31<sup>st</sup> October 2023 in the college. Students and staff members (teaching and non-teaching) paid tributes to Sardar Vallabh Bhai Patel, the Pioneer of National Unity. Students participated in pledge taking ceremony on the occasion of ‘National Unity Day’. Staff members and students took pledge to be vigilant and commit to highest standards for honesty and integrity and all times and support the fight against corruption. Dr. Geeta Kundi, NSS Coordinator, spoke on the importance of the national unity. 78 students celebrated National Unity Day, 2023.

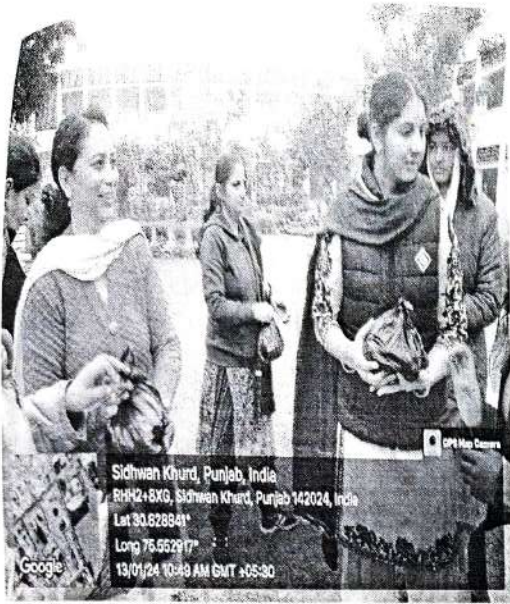
## Constitutional Day (26<sup>th</sup> Nov, 2023)

Samvidhan Diwas (Constitution Day) was celebrated in the college on 26<sup>th</sup> November, 2023. NSS unit and Cultural Event Committee of the college organized this event in the college. Oath taking Ceremony, Online reading of Preamble, Online Quiz on India and expert talk on “Values Enshrined in Constitution”. All the faculty members and students present in the college participated in the oath taking ceremony. Thereafter, Dr. Shally, Associate Professor in the college delivered expert talk on “Values Enshrined in Constitution”. She used power point presentation to make students aware about the various constitutional values in India. After that, faculty members and students read Preamble of India online and also took online quiz on India. Online certificates were awarded to all the participants of reading of preamble and quiz. 85 students participated in the event.

## Lohri (13<sup>th</sup> January, 2024)

Lohri is an extremely popular festival celebrated in the north of India. It is a harvest festival which also marks the end of chilling winter cold. People traditionally light bonfires and sing and dance together as to mark the Winter Solstice and the onset of longer days. Cultural Event Committee and NSS Unit celebrated Lohri in the college campus on 13<sup>th</sup> January, 2024. A bonfire was built in the college lawn and musical and dance program was also organized. Principal Dr. Amandeep Kaur distributed sweets to staff and students of the college. Students celebrated Lohri by discussing its significance among. All enjoyed the festival. A total of 9 teachers, 22 non –teaching and 82 students attended the celebration. Lohri is the long awaited festival of Punjab, one that spreads the message of love and unity among the people. The people on the occasion bond together, sing, dance and enjoy the celebration.





## Flower Shows (28.02.24 to 29.02.24) (09.03.24 to 10.03.24)

NSS Unit and Eco-Club of GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana participated in the Annual Flower Shows held at PAU, Ludhiana on 28.02.24 to 29.02.24 and Flower Show held at Gurudwara Shri Guru Singh Sabha, Sarabha Nagar, Ludhiana on 09.03.24 to 10.03.24. Entries from college was in different categories like Pot Arrangement, Foliage and Perennial Flowering Plants in Pots, Flowers and Plants in Pots, Artistic Arrangement of Plants in Pots, Flower Arrangement and Flower Ornaments, Cut Flowers, Plants as Gifts, Bonsai an Cacti etc. Our college won 23 prizes in these competitions.





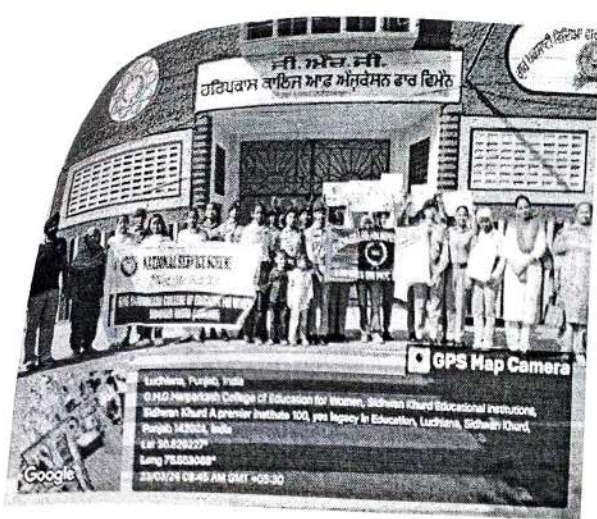


### **International Women day (7<sup>th</sup> March, 2024)**

On 7<sup>th</sup> March, 2024 International Women's Day was celebrated in the college. International Women's Day, celebrated on 8th March every year, signifies social, economic, cultural and political accomplishments of women. The day also marks the acceleration of gender uniformity. Students of B.Ed., M.Ed. and PG Diploma in Guidance and counseling shared their views with each other on the present scenario of women in India and also, measures to be adopted quality of life of women in our country. Dr. Jagminder Kaur and Dr. Geeta Kundi highlighted the remarkable achievements of women worldwide. The celebration concluded on a happy note as hope and faith were re-instilled among all women. 98 students were present to celebrate women's day.

### **Shaheed Bhagat Singh Martyrdom Day (24<sup>th</sup> March, 2024)**

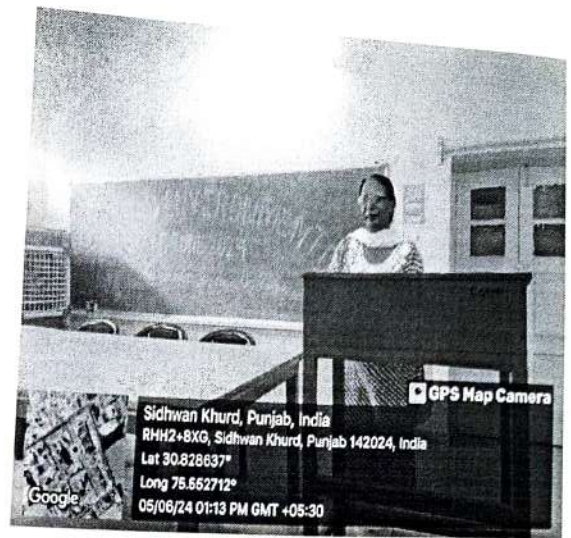
The Cultural Event Committee and NSS Unit of the College observed the Martyrdom Day of Sardar Bhagat Singh, Rajguru and Sukhdev on 24<sup>th</sup> March, 2024. The staff and students paid tributes to the great heroes of independence Dr. Gurwinder Singh (Asst. Prof.) emphasized on the philosophy behind various life events of the martyrs and enlightened about contributions made by S. Bhagat Singh in the movement for independence. Documentary films about martyrdom of Sardar Bhagat Singh, Rajguru and Sukhdev were shown to the students. Dr. Gurwinder Singh, Asst. Prof. presented thoughts and ideas being practiced by S. Bhagat Singh and also proposed Vote of Thanks. A total of 95 students were present on that day.



## World Environment Day (5<sup>th</sup> June, 2024)

World Environment Day was observed under Environment Education program and Punjab state council for science and technology supported by Ministry of Environment, Forest and Climate change, Govt. of India at GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana on 5<sup>th</sup> June, 2024. A seminar on “Reduced use of single plastic use” was organized by NSS department and Eco-Club of the college. Dr. Manjeet Kaur, Associate Professor was the resource person of the seminar. She sensitized everyone that single-use plastic products like bags and bottles might be convenient, but they harm the environment and our health. They end up as litter or release harmful particles called micro-plastics. To reduce these negative effects, individuals, industries, and governments should work together. We can cut down on single-use plastic, improve recycling, and promote eco-friendly alternatives. 76 students celebrated the world environment day in the college.

A “Tree Plantation Drive” was also carried out in the college to create awareness and spread the message of saving our planet. An oath was also taken to look after the planted saplings, plant more and more trees and encourage others to do the same.



### **International Yoga Day (21st June, 2024)**

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. On 21st June 2024, GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana celebrated International Yoga Day. It was organized by NSS unit and Cultural Events Committee of the college. The event began with a brief introduction on Yoga Day by Dr. Ajay Kumar, NSS Programme officer and by welcoming Principal Dr. Amandeep Kaur, Staff members and students of the college.

Warm up exercises were taken and all the students practiced & performed sitting and standing asanas, importance of these were explained simultaneously by NSS Volunteers. The celebration concluded with the speech of our worthy Principal madam Dr. Amandeep Kaur. She encouraged students to practice regular yoga to remain fit and improve concentration and also addressed the participants on the importance of yoga practice in our life.

All Faculties, Staff and children were taught the importance of Yoga in their life & how to maintain the harmony between body and mind. The students discussed the importance of yoga and also exhibited yoga postures and promised to introduce this activity in their daily lives. A total of 49 students participated in the event. The function ended with a vote of thanks by Dr. Geeta Kundi, NSS Prog. Officer.



On the World Environment Day, College bagged Best Green Campus Initiatives Award from National Education Trust for demonstrating exceptional leadership and innovation in promoting sustainability and environmental consciousness within its campus community.



## National EduTrust of India

Registered under Ministry of Micro, Small and Medium Enterprises,  
Government of India (UDYAM-CH-01-0039800)

# Certificate of Achievement

This certify that

*G.H.G. Harparkash College Of Education For Women,  
Sidhwan Khurd*

has demonstrated exceptional leadership and innovation in promoting sustainability and environmental consciousness within its campus community. Through various initiatives and practices, the institution has actively contributed in creating a green and eco-friendly campus environment. In recognition of these outstanding efforts in **Ludhiana**, College is hereby honored with the

**Best Green Campus Initiatives Award 2024-25.**

Certificate no: NEI/HEI/410  
Dated:05.06.2024

**Samarth Sharma**  
Chief Executive Officer

**NSS Programme Officers**

Dr. Ajay Kumar

Dr. Geeta Kundi

**Principal**  
**Dr. Amandeep Kaur**  
**H. G. Harparkash College**  
**of Education for Women**  
**SIDHWAN KHURD (L.D.)**