

**GHG Harprakash College of Education for Women,
Sidhwan Khurd (2023-24)
Report of One Day Workshop
on
LIFE SKILLS**

GHG Harprakash College of Education for Women, Sidhwan Khurd organized one day workshop on Life Skills on 4th April 2024 in collaboration with Guidance and Counselling Cell of the college. Realizing the importance of Life skills in the holistic development of learners, the college makes consistent efforts to inculcate the same amongst students. Workshops are integrated with regular teaching and learning to develop the pupil's cognitive, social and emotional skills and bring them closer to the life skills and values defining the human civilization.

In the inaugural session Principal Dr Amandeep Kaur highlighted the importance of Life Skills in everyday and work life of students and Teachers. In the first session of the workshop Dr. Sarvjeet Kaur, Resource person of the workshop explained the ten main domains of Life skills as highlighted by WHO. 48 students from B.Ed, M.Ed & P.G Diploma Guidance and Counselling and 12 teachers participated in the workshop.

Glimpses of Life Skills Workshop on 4th April 2024



Kiran

Principal
Principals
H. G. Harparkash College
of Education for Women
SIDHWAN KHURD (Lda.)