

## Report of Value-Added Course on Career Counselling Skills

GHG Harparkash College of Education for Women, Sidhwan Khurd, Ludhiana offered value added courses from 19-02-2024 to 01-03-2024. Total number of 36 students joined this Value-added course on Career Counselling Skills. Dr Ajay Kumar was the coordinator of this course and Dr Sarvjeet Kaur, Associate Professor GHG Harparkash College of Education for Women, was the resource person. On first day of the course Dr Sarvjeet Kaur made aware about the Theoretical Perspective of Career Counselling and in the second session of the day Dr Sarvjeet Kaur has given detail explanation about role of Career Counsellor in the current scenario. On the second day of this course Dr Sarvjeet Kaur has made aware about importance of career counselling and understanding special needs and vocational career. On third day Dr Sarvjeet Kaur has given detail explanation about skills needed for career counselling and importance of psychometric assessment. On the fourth day Dr Sarvjeet Kaur gave hand on experiences to students by administering aptitude test DBDA and KYA. On the fifth day of this course Dr Sarvjeet Kaur gave hand on experiences to students by administering personality test- MBTI and MAP. On sixth day of this course students gave hand on experiences to students by administering personality test- Big Five Personality Inventory. On seventh day of this course Interest Inventory were administered on the students. The session was followed up by hands on practice session for students. On eighth day of this course students gave hand on experiences to how to prepared of the report on Psychometric tests. On ninth day of the course Dr Sarvjeet Kaur made aware about the New Age Career and in the second session of the day Dr Sarvjeet Kaur were discuss the career related Problems. On tenth day of this course students gave hand on experiences sample report discussion and career mapping.



  
(Dr Ajay Kumar)

Coordinator

  
(Dr Amandeep Kaur)

Principal  
G. H. G. Harparkash College  
of Education for Women  
SIDHWAN KHURD



# G.H.G. HARPARKASH COLLEGE OF EDUCATION FOR WOMEN

WOMEN EMPOWERMENT THROUGH EDUCATION  
WOMEN EMPOWERMENT THROUGH EDUCATION

## Schedule for Value Added Course

### CAREER COUNSELLING SKILLS

Day-1 (19-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Theoretical Perspective of Career Counselling
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Role of Career Counselor in the Current Scenario

Day-2 (20-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Importance of Career Counselling,
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Understanding Special needs and Vocational Careers

Day-3 (21-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Skills for Career Counselling
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Importance and types of Psychometric Assessment

Day-4 (22-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Aptitude Test- DBDA and KYA
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Hand on Practice

Day-5 (23-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Personality Test- MBTI, MAP
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Hand on Practice

Day-6 (26-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Personality Test- Big Five Personality Inventory
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Hand on Practice

Day-7 (27-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Interest Inventory – VIR and CIP
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Hand on Practice

Day-8 (28-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Preparation of the Report based on Psychometric tests
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Hand on Practice

Day-9 (29-02-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	New Age Careers
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Career-related Problems

Day-10 (01-03-2024)

Session	Duration	Resource Person	Activities
Session -1	9:00 A.M- 10:00 A.M	Dr Sarvjeet Kaur	Sample report discussion and Career Mapping
Session -2	10:00 A.M- 12:00 P.M	Dr Sarvjeet Kaur	Hand on Practice

Coordinator

  
(Dr Ajay Kumar)

Principal

  
(Dr Amandeep Kaur)

**H. G. Harparkash College  
of Education for Women  
SIDHWAN KHURD (Ld)**

## ATTENDANCE SHEET

### Value Added Course

#### Career Counselling Skills (19.02.2024-01.03.2024)

Sr. No.	Name of the Student	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6	Day-7	Day-8	Day-9	Day-10
1	Mandeep Kaur	P	P	P	P	A	P	P	P	P	P
2	Rajdeep Kaur	P	P	P	P	P	A	P	P	P	P
3	Komal	P	P	P	A	P	A	P	P	P	P
4	Shivani	P	P	P	P	P	P	P	P	P	P
5	Amanjot Kaur	P	P	P	A	P	P	P	P	P	P
6	Sonali	P	P	A	P	P	P	P	P	P	P
7	Ishita	P	P	P	P	P	P	A	P	P	P
8	Ritika Gupta	P	P	P	A	A	P	P	P	P	P
9	Arashpreet Kaur	P	P	P	P	P	A	P	P	P	P
10	Amanjot Kaur	P	P	A	P	P	P	P	P	P	P
11	Rupinder Kaur Barwala	P	P	P	P	P	P	A	P	A	P
12	Anjali Rani	P	P	A	P	P	P	P	P	P	P
13	Sumandeep Kaur	P	A	P	P	P	P	P	P	P	P
14	Anjali	P	P	P	A	P	P	P	P	P	P
15	Harjot Kaur	P	P	P	P	P	A	P	P	P	P
16	Shweta	P	P	A	P	P	P	P	P	P	P
17	Simran Kaur	P	P	P	P	P	P	A	P	P	P
18	Sharanpreet Kaur	P	P	A	P	P	P	P	P	P	P
19	Monika Rani	P	P	P	P	A	P	P	P	P	P
20	Prabhjot Kaur	P	P	A	P	P	P	P	P	P	P
21	Jasvir Kaur	P	P	P	P	P	P	A	P	P	P
22	Parneet Kaur	P	P	A	P	P	P	A	P	P	P
23	Jaswinder Kaur	P	P	P	P	P	P	A	P	P	P
24	Kamaljit Kaur	P	P	P	P	A	P	P	P	P	P

25	Manjot Kaur	P	A	P	P	P	P	P	P	P	P	P
26	Preeti	P	P	P	A	P	P	P	P	P	P	P
27	Pinkjeet Kaur	P	P	P	P	P	P	A	P	P	P	P
28	Veerpal Kaur	P	A	P	P	P	P	P	P	P	P	P
29	Gurmeet Kaur	P	P	P	P	P	A	P	P	P	P	P
30	Gurpreet Kaur	P	A	P	P	P	P	P	P	P	P	P
31	Harpreet Kaur	P	P	P	A	P	P	P	P	P	P	P
32	Dilpreet Kaur	A	P	P	P	P	P	P	P	P	P	P
33	Navleen Kaur	P	P	P	P	A	P	P	P	P	P	P
34	Saniya	P	A	P	P	P	P	P	P	P	P	P
35	Samrity Sharma	P	P	P	P	A	P	P	P	P	P	P
36	Karamjit Kaur	A	P	P	P	P	P	P	P	P	P	P




# GHG Harparkash College of Education for Women

Sidhwan Khurd (Ludhiana), Punjab  
(NAAC Re-accredited 'A' Grade College, CGPA 3.38)

Organizes  
**Value Added Course**  
on  
*Career Counseling Skills*

## **CERTIFICATE**

This is to certify that Ms. Arshpreet Kaur student of  
G.H.G. Harparkash College of Education for Women, Sidhwan Khurd (Ludhiana) has successfully  
completed Value Added Course on "Digital Literacy" from 19<sup>th</sup> February, 2024 to 01<sup>st</sup> March, 2024.

  
Dr. Amandeep Kaur  
Principal  
G. H. G. Harparkash College  
of Education for Women  
SIDHWAN KHURD (Ldh.)

  
Dr. Ajay Kumar  
Coordinator